

Are You An Effective Communicator? Are Your Relationships Harmonious? Does Your Work Life Use the Best of Who You Are?

If your answers to these questions aren't a resounding YES! then what follows may be of interest to you.

The "Claim Your Voice" workshop provides you with a safe place to explore and experiment with being more visible and confident in expressing what's important to you.

You'll learn how to:

- Deal with rejection, intimidation, & upsets with family & co-workers
- Have more credibility, authority and influence when you speak
- Overcome nervousness, inner conflict and self doubt
- Have more freedom and spontaneity in expressing your gifts
- Inspire others in novel and creative ways
- Stop being invisible and be heard without getting angry

This workshop is especially valuable for people who:

- Are prepared to make changes to be more successful
- Have a passion to help other people grow and change
- See themselves taking on a bigger role as a leader or communicator
- Are tired of being timid and afraid, watching and waiting from the sidelines



Experience how good it feels to trust yourself and speak with ease and passion

Now, more than ever, you need to be heard. The time for hesitation is past. Learn how to use this proven-successful system to discover & empower your real self.

Claim Your Voice ~ Claim Your Power: Workshop Details

Date:	TBA
Location:	Calgary AB
Time:	Friday 5:30 p.m. to Sunday 7:30 p.m.
Tuition:	Sliding Scale from \$295 to \$595 + GST
Includes:	Pre-workshop interview & 2-hour follow-up
Register:	403-229-9321 or email info@ClaimYourVoice.com

Enrollment is limited so please register early

Workshop Facilitator:



Patty Shortreed MSOD is an international coach and shaman. She holds a master's degree in organization effectiveness from Pepperdine University and has more than 30 years' experience in business, public speaking, workshop design and facilitation. Trained as a shaman in the Inkan tradition, she works with energy fields and belief systems to support her clients regain balance through everyday problem solving and healing. She combines corporate and entrepreneurial experience with extensive world travel and studies in consciousness to bring her clients a package of knowledge, tools and information that is uplifting and practical, and accelerates their progress beyond traditional methods. Her clients rapidly gain clarity, make key decisions and take action to achieve their dreams. Patty is also a professional musician, recording artist and voice coach. One highlight of her career was singing on Oprah's stage.
